

SPECIAL *An inside look at the newest treatment. Can you eliminate fat for good?*

Secrets to stop stress: Feel better and look better fast. These quick solutions can really change your life!

NEW BEAUTY[®]

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THE BEAUTY AUTHORITY

LOOK SEXY NOW!
 TAKE YEARS OFF IN SECONDS!

inside
WRINKLE ERASERS THAT WORK

THE FUTURE OF BEAUTY CREAMS

the secret to
DEFY AGING
 THE ONE THING YOU NEED TO KNOW

INSTANT FIXES
 AMAZING BEFORE + AFTERS

THE BEST MAKEOVERS EVER!

CINDY CRAWFORD

...AND WHY SHE LOOKS HER BEST AT AGE 50!
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BEAUTY BACKFIRE

These doctors share their personal stories of *BEAUTY TREATMENTS* that have gone awry and how they fixed them.

1

TUMMY TUCK TERROR

"A patient came for a consult with me after having a 'tummy tuck' by an unqualified surgeon, which left her with misplaced scars that ruined the appearance of her abdomen. When I reviewed her before-and-after photos, I realized that a pre-existing tattoo near her belly button had not moved at all after her surgery, indicating that her abdominal skin was never actually tightened. Thankfully, this was a repairable situation, but I had to explain that she had sadly undergone a sham surgery, which had done nothing except create unwanted scars."

—ROBERT COHEN, PLASTIC SURGEON

2

BOTCHED BOOBS

"One of my patients had a breast augmentation done by an nonboard-certified 'cosmetic surgeon.' Within 60 days, she developed severe scar tissue, making her breasts hard, asymmetrical and painful. She also had a really hard time finding tops to wear that could totally cover her up. Her original doctor did not offer her any reasonable solutions to her problem. I removed her implants and performed a reconstruction, and she is now doing much better."

—ANDREW SMITH, PLASTIC SURGEON



3

FILLER THAT MAKES SKIN LOOK BLUE

"At least once a month, someone comes to see me to correct filler under their eyes (injected by another doctor) that has turned their skin blue. It's usually because the product is being injected too superficially or the wrong filler is used. If hyaluronic acid fillers were originally used, they can usually be reversed with hyaluronidase, which acts like an antidote."



—REBECCA BAXT, DERMATOLOGIST



4

IRRITATED BY INGREDIENTS

"I have many patients come to me for help with sudden allergies and sensitivities to products. Product companies are not required to notify consumers if they have added ingredients or changed formulations. If a reaction to an ingredient is going to develop, it takes time initially to become sensitized, and upon each subsequent exposure, that time is decreased. It is advised to use patch testing to check for allergic reactions. If an allergy is noted, an alternative product not containing the allergen will be recommended."

—KRISTINE A. ROMINE, DERMATOLOGIST



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