



## **Treat Anti-Aging & Acne Together**

**May 29, 2014 - NEW YORK** -- Dr. Rebecca Baxt, a leading dermatologist in New Jersey and New York, improves the lives of both men and women by helping them resolve their acne. Studies have shown that women are more likely than men to develop acne as adults. Acne can have a significant affect on a person's overall quality of life, like many other skin conditions. An added benefit to treating adult acne is that it can help aging skin.

- Topical retinoids are a common way to treat acne, both inflammatory and non-inflammatory acne. They help prevent pimples from forming by causing the skin to shed more rapidly, thereby unclogging pores. Retinoids are also shown to stimulate collagen growth, therefore minimizing wrinkles and improving sun-damaged skin. "Retin-A is a favorite of mine to use for treatment," says Dr. Rebecca Baxt.
- Laser or light therapy can be transformational for acne patients. Isolaz acne treatments have gentle suction to unclog pores, and intense pulsed light to help kill bacteria. Smoothbeam laser treatments are FDA approved to reduce acne, acne scars, as well as fine lines and wrinkles. Photodynamic therapy is another great way to get acne into remission and is also used to treat precancerous sun damaged skin.
- Chemical peels are also extremely helpful to reduce acne and improve lines and wrinkles. They can help fade marks from old acne, unclog pores, and literally peel away sun damaged and aging skin, helping patients clear up their acne and look younger at the same time. "Chemical peels are easy and quick with no downtime and we get great results for our patients" says Dr. Rebecca Baxt.

So many of the great acne treatments have anti-aging effects, which is why Dr. Rebecca Baxt likes to tailor these treatments together to fit your needs! You can treat both acne, sun damage and lines at the same time and achieve clear, youthful, beautiful skin in no time!

Rebecca Baxt, MD, MBA, FAAD is a Board Certified Dermatologist who specializes in outstanding patient service for both Cosmetic and General Dermatology for adults and children. Dr. Rebecca Baxt maintains many society affiliations. She is a Fellow of the American Academy of Dermatology and a member of the American Society for Dermatologic Surgery. She is an Assistant Professor of Clinical Dermatology at New York University Langone School of Medicine. Dr. Rebecca Baxt is a certified Allergan Botox Cosmetic, Juvederm and Voluma trainer and teaches other physicians about injectables. Dr. Rebecca Baxt sees patients in New Jersey and New York, and is part of Baxt Cosmedical, a multispecialty group of Board Certified Dermatologists and Plastic Surgeons including her mother Dr. Saida Baxt and her father Dr. Sherwood Baxt. You can find them on the web at [www.cosmedical.com](http://www.cosmedical.com).