

5-Minute Fixes for Tired-Looking Eyes

www.grandparents.com

No need for a catnap. From home remedies to prescriptions, these quick tricks will make your eyes look rejuvenated in no time at all.

Quick Tricks to Brighten Up



Try a Lash-Enhancing Prescription

Mascara is the golden child of the makeup world, and for good reason: Lush lashes make your eyes look younger and more awake. "We associate full, thick eyelashes with youth," says New Jersey and New York City dermatologist Rebecca Baxt, MD. "Long, thick lashes give you an instant eye-lift without surgery."

Dr. Baxt recommends using Latisse, an FDAapproved lash grower. "It's safe and helps grow lashes longer, lusher and fuller so you don't even need mascara," she says. You will need a

prescription from your doctor. Then, it only takes a minute to apply the product each night, and you'll notice a change in less than 12 weeks.